



UPDATED 8/1/23

**\*Please inform our staff of your allergy\***

We cannot guarantee prevention of Cross-contact or Cross-contamination, but we will do everything possible to provide with a satisfactory selection

**CEILIAIC/GLUTEN/WHEAT FREE AVAILABLE ITEMS:**

(We have dedicated Fryer for Chips, Fries and Sweet potato fries)

**We have an Allergen-free Bun for \$2.00 up-charge**

**Starters:** Chicken Tenderloins (blackened, sautéed in a pan) Neptune Dip, Aegean Sampler (No Pita Bread)  
Greek Wings, CBP Wings

**Super Salads:** All Salads (No Croutons or Fried Meat)

**Soups:** Check with your server for the Soup of the Day

**Other:** All Dressings, All Cheeses

**Local Faves:** Shrimp & Grits (no cornbread), Chopped Hamburger Steak (no gravy), Bowl O' Soul (no cornbread or onion rings), Crystal Hot Dog (no bread), Chicken Tenderloins (Sauteed, Grilled or Blackened)  
Gyro (no bread)

**Burgers:** all burgers, but no bread and no onion straws on the Ol' Smokey Joe Burger, No beer cheese on Mountain Jam Burger

**Sandwiches:** Turkey Club (No bread), Shrimp Salad (no bread, can make salad), Chicken Salad (no bread), Grilled Salmon BLT (no bread), Pastrami Reuben (no bread), Turkey Reuben (no bread), Pimento Pig Sandwich (no bread)

**Seafood:** Grilled, Blackened or Sauteed Shrimp

**Sides:** Veggies, Creamy Cole Slaw, Ocilla Slaw, Red Rice, Grits, Chips, Skin-On Fries, Sweet Potato Fries, Smashed Idaho Potatoes, Collard Greens, Potato Salad, Sauteed Veggies

**Kids:** Kids Grilled Chicken, kids Hamburgers (no bread), Kids Cheeseburgers (no bread), Mandarin Oranges

**Desserts:** Root Beer Float, Vanilla Ice Cream

**SOY FREE Items Available:**

*(We use butter alternative on our bread, Flat Top, Grill & sauté Food-ASK for BUTTER only. Our Fryer Oil is **Soybean Oil**)*

*\*Sauteed Meat will take longer to cook\**

**We have an Allergen-free Bun for \$2.00 up-charge**

**Starters:** sautéed Chicken Fingers (ask for real Butter)

**Soups:** Crab Stew, Chili, Ask your server about Soup of the Day

**Super Salads:** All Salads (ask for no croutons and Sauteed meat in REAL butter)

**Dressings:** Oil & Vinegar, Balsamic Vinaigrette, Greek Vinaigrette, Citrus Vinaigrette, Ranch, Honey White, Honey Mustard, or Tzatziki Sauce)

**Local Faves:** Shrimp & Grits (no cornbread) Bowl O' Soul (no cornbread) Chicken Tenderloins (Sauteed only), traditional Gyro (request Sauteed)

**Burgers** (ask to sauté in real Butter, this will take longer): Crystal Burger (no bread/mayo), N.O.G.S. Burger (no bread/mayo), Bison Burger (no bread/mayo), Greek Lamb Burger (no bread), Mountain Jam Burger (no grilled onions, ask for bun not to be buttered), Ol' Smokey Joe Burger (no bun, no onion, ask for Sweet Baby Ray's



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The Other Salad (unless you ask for no Almonds), Spinach Salad (ask for no walnuts), Tia's Fried Pound Cake

**THE FOLLOWING ITEMS CONTAINS PEANUTS**

You may have everything on the Menu, just ask for no peanuts on the Southern Fried Chicken Salad

**THE FOLLOWING ITEMS CONTAINS CRUSTACEAN/SHELLFISH**

Neptune Dip, Crab Stew, Shrimp/Oysters on Salads. Twin Peaks you can have all chicken salad, Crystal Shrimp Salad, Shrimp & Grits (you can ask for no Shrimp), Sweet Domestic Shrimp, Select Fried Gulf Oysters, Baked Southern Deviled Crab

**\*ALL SEAFOOD and FISH are FRIED IN the SAME FRYER**

**THE FOLLOWING ITEMS CONTAINS FISH**

Neptune Dip (Worcestershire Sauce), Caesar Dressing (anchovies), Flounder Reuben, Salmon BLT, Salmon, Flounder, Crab Puppies

**\*ALL SEAFOOD and FISH are FRIED IN the SAME FRYER**

**DAIRY FREE Items Available:**

*(We use butter/butter alternative on our bread & Sauteed Food **Ask for toasted dry bread**)*

**Starters:** Chili Fries (just ask for it with no cheese), Grilled Chicken Fingers, Fried Duck Wings, Aegean Sampler (no Tzatziki, pita, or feta), Greek Wings (no tzatziki)

**Soup:** Chili (can add onion or jalapenos)

**Super Salads:** All Salads (No: fried food, cheese, ranch, or blue cheese)

**Local Faves:** Chopped Hamburger Steak (ask for a different side other than smashed potatoes), Chicken Fingers (Blackened, Sauteed or Grilled), Crystal Dog, Traditional Gyro (no Feta or Tzatziki)

**Burgers:** Crystal Burger, Bison Burger, Chili Burger (just ask for it with no cheese), Lamb Burger (no sauce), N.O.G.S. Burger (no cheese), Mountain Jam Burger (no cheese), Ol' Smoky Joe (no cheese or Ski's Smash Burger (no cheese)

**Sandwiches:** All Sandwiches (ask for no cheese)

**Seafood:** Grilled/Blackened/Sauteed Shrimp, Grilled Salmon

**Sides:** Collard Greens, Old Fashioned Ocilla Slaw, Savannah Red Rice, Veggies (steamed, ask for no butter), Skin-On Fries, Sweet Potato Fries, Chips

**Kids:** Kids Grilled or blackened Chicken Fingers, Little Hamburgers, Mandarin Oranges

**All Bread, except Pita, and Pretzel Bun**

**EGG ALLERGY**